

## THE UNIVERSITY OF ARIZONA



NORTON SCHOOL OF HUMAN ECOLOGY

Frances McClelland  
Institute for Children,  
Youth & Families



### **Greetings from the Frances McClelland Institute,**

We are winding up to the end of the spring semester! Last week Dr. Jessica Andrews-Hanna from the Department of Psychology at the University of Arizona joined us for the final Turbeville Speaker Series event of the year. Dr. Andrews-Hanna shared the findings from several studies demonstrating the neuroscience foundations of compassion. If you missed her talk, you can watch it on our [YouTube channel](#).

We hope you can join us for two events next week. We are very pleased to partner with Child and Family Resources and the Children's Advocacy Center of Southern Arizona to host a screening of the documentary Resilience on Wednesday, 4/23 at the Galaxy Theater in Tucson. This free event will bring together community members to learn about the science of resilience and how we can collectively create opportunities to thrive for children, youth and families experiencing adversity. This event highlights our commitment to working collaboratively to share research with the community to use the

power of research to improve lives. See below for details. Next Friday, 4/25, we will host our annual student poster showcase. This is one of the few events on campus that features presentations by undergraduate and graduate student researchers. This event highlights our commitment to supporting the next generation of scholars and community leaders.

Finally, thanks to generous donors, we recently selected two Human Development and Family Science graduate students as Osburn Dissertation fellows for the 2025-2026 academic year.

## HDFS Student Updates



Congratulations to HDFS graduate student **Mahek Nirav Shah** on her newly published article in the Journal of Social and Personal Relationships! Her work, supported by the Lang Summer Fellowship and co-authored with HDFS faculty and an alumna, explores important pathways between depressive symptoms, financial stress, and coparenting dynamics in low-income families.

[READ MORE](#)



Congratulations to HDFS doctoral student **Kealie Walker** on the publication of her article "*Teachers' Role in Explaining Middle School Students' Sense of Belonging and Kindness on Campus*" in *Psychology in the Schools*. Co-authored with Dr. Michele Walsh and Dr. Melissa Barnett, this important work explores how educators help shape students' experiences of kindness and belonging in middle school settings.

[READ MORE](#)



Congratulations to HDFS doctoral student **Marissa Hettinger** on receiving the 2025–2026 Osburn Dissertation Fellowship! Her dissertation research explores how psychological stress related to climate change impacts families—a timely and vital contribution to our understanding of family resilience in the face of environmental challenges.





Congratulations to HDFS doctoral student **Victoria Cooper** on being awarded the 2025–2026 Osburn Dissertation Fellowship! Her dissertation explores how parents' experiences, beliefs, and behaviors shape children's identity development, contributing valuable insights into the processes that foster family resilience.



Congratulations to HDFS graduate student **Baltazar Campos** for being selected as an Agriculture, Life & Veterinary Sciences & Cooperative Extension (ALVSCE) Research Showcase Presentation Award Winner in the Human Sciences category! Baltazar will be presenting his award-winning poster at the ALVSCE Research Showcase on Thursday, April 24th.

**Celebrating our Norton School of Human Ecology Director**





Join us in congratulating **Dr. Laura Scaramella**, Director of the Norton School of Human Ecology, on being named Administrator of the Year by the College of Agriculture, Life and Environmental Sciences (CALES)! This well-deserved recognition highlights Dr. Scaramella's outstanding leadership, dedication, and impact in the Norton School and beyond.

## SciKIND Updates

The **SciKind VIP** course is wrapping up, and we're so proud of our students for their amazing contributions to kindness research this semester!

We'll be **recruiting for the Kind Cats Club** for Fall 2025 — a student-led group focused on kindness, connection, and community. Stay tuned for ways to get involved!



Scan the QR code and fill out the KIND CATS club interest form!

We can't wait to meet you!

## Become a KIND CAT!

*KIND CATS are UA students committed to building a more connected, supportive campus community —for everyone's benefit!*

### Join KIND CATS and get ready to:

- Grow your leadership skills & teamwork abilities
- Dive into hands-on community research with real impact
- Make meaningful connections & build a sense of belonging
- Level up your resume with standout experiences
- Be part of building a campus that's more connected, inclusive—and a lot more fun!

**SCIENCE of KINDNESS**  
COMMUNITY COLLECTIVE

**KIND CATS INTEREST FORM**

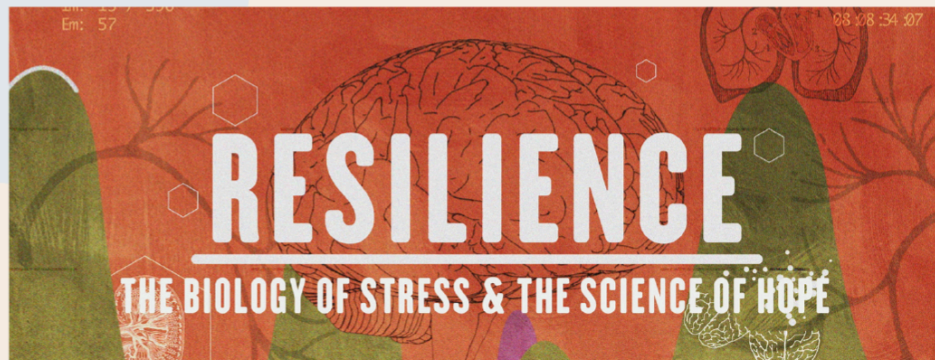
# **SCIENCE <sup>OF</sup> KINDNESS**

## **COMMUNITY COLLECTIVE**



### **Upcoming Events**

FRANCES MCCLELLAND INSTITUTE IN PARTNERSHIP  
WITH THE CHILDREN'S ADVOCACY CENTER AND  
CHILD & FAMILY RESOURCES PRESENTS:



# Film Screening

RESILIENCE: THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE chronicles the birth of a new movement among pediatricians, therapists, educators and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease.



**DATE**  
April 23, 2025



**TIME**  
**5:30-7:00 PM**  
Film Screening:  
**5:30-6:30 PM**  
Followed by: **30-minute**  
**guided discussion**



**LOCATION**  
Galaxy Theater  
100 S Houghton Rd,  
Tucson, AZ 85748



## REGISTER HERE!



Frances McClelland  
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CHILDREN'S  
ADVOCACY  
CENTER  
OF SOUTHERN ARIZONA



Child & Family  
RESOURCES INC.  
Where Great Things Start Small

The Frances McClelland Institute, in partnership with the **Children's Advocacy Center of Southern Arizona** and **Child & Family Resources**, invites you to a special screening of Resilience: The Biology of Stress & the Science of Hope.

Date: **Wednesday, April 23, 2025**

Time: **5:30–7:00 PM**

Film: **5:30–6:30 PM**



**\*Followed by a 30-minute guided discussion**

Location: **Galaxy Theater, 100 S Houghton Rd, Tucson, AZ 85748**

This powerful documentary chronicles a movement among educators, pediatricians, and communities to use cutting-edge brain science to break the cycles of violence, addiction, and disease.

**FREE & Open to the Public!**

[REGISTER HERE](#)



NORTON SCHOOL OF HUMAN ECOLOGY  
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# SPRING 2025 STUDENT POSTER SHOWCASE



**FRIDAY, APRIL 25, 2025**

12:30 PM - 2:30 PM

Forbes Building Lobby, 1140 E.  
South Campus Dr.

The Frances McClelland Institute would like to invite you to take part in the Spring 2025 Student Poster Showcase on Friday, April 25<sup>th</sup> from 12:30 PM-2:30 PM at the Forbes Lobby/Courtyard. This in-person event provides an opportunity for Norton School undergraduate and graduate students, as well as students from other departments engaged in research with Norton faculty, to showcase their projects and explore other studies aimed at enhancing the lives of children, youth, and families.

**No registration needed—open to everyone, including those outside the University of Arizona!**

**Recordings Available**

***Missed a Spring 2025 Turbeville Talk?***

No worries — you can catch up on all of this semester's inspiring presentations on our [YouTube Channel!](#)

Stay connected and keep learning with the Frances McClelland Institute — and **stay tuned for new presentations coming this fall!**

The Frances McClelland Institute for Children,  
Youth, & Families invites you to...

## TURBEVILLE SPEAKER SERIES SPRING 2025

**Speaker:** Jessica Andrews-Hanna, Professor in  
the Department of Psychology at the University of Arizona

**Title:** *The Neuroscience of Compassion: Cultivating Kindness for Others and Ourselves*

**Time:** Friday, April 11th, 2025 1:00 PM - 2:15 PM

**Location:** McClelland Park | 650 N. Park Ave, Tucson, AZ 85719  
| Room 402 or Zoom



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## TURBEVILLE SPEAKER SERIES SPRING 2025

**Speaker:** Steve Rains, Professor of Communication at  
the University of Arizona

**Title:** *Social Support as Kindness: Helpful  
Emotional Support Messages*

**Time:** Friday, March 21st, 1:00PM - 2:15 PM

**Location:** McClelland Park | 650 N. Park Ave, Tucson, AZ 85719  
| Room 402 or Zoom



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## TURBEVILLE SPEAKER SERIES SPRING 2025

**Speaker:** Michelle Téllez, Associate Professor and Director  
of Graduate Studies in the Department of Mexican American Studies at the University of Arizona

**Title:** *Oral Histories and Digital Archives in Borderlands*

**Time:** Friday, February 7th, 1:00 PM - 2:15 PM

**Location:** McClelland Park | 650 N. Park Ave, Tucson, AZ 85719  
| Room 402 or Zoom



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Thank you for your support of the  
Institute. Stay in touch with us by  
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[Instagram](#), and [LinkedIn](#).

In Partnership,

**Melissa Barnet, Ph.D.**

Director, Frances McClelland Institute for  
Children, Youth, and Families

Norton Endowed Chair in Fathers, Parenting,  
and Families

Professor, Human Development and Family  
Science

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Please support our work by making an investment in the Frances  
McClelland Institute for Children, Youth, and Families.



MAKE A DIFFERENCE



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Division of Agriculture, Life and Veterinary Sciences and Cooperative Extension, Forbes Building, 1140 E. South Campus Dr., Tucson, AZ 85721, US  
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### **Land Acknowledgment**

*We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the O'odham and the Yaqui. The university strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.*