



NORTON SCHOOL OF HUMAN ECOLOGY

Frances McClelland  
Institute for Children,  
Youth & Families



### **Greetings from the Frances McClelland Institute,**

We are pleased to share updates from FMI. This always seems to be the busiest time of the semester! We hosted the first of our two-part spotlight on the science of kindness for the [Turbeville Speaker Series](#) last week. Dr. Steve Rains from the University of Arizona Department of Communication shared research on effective approaches to communicating social support. If you missed this talk, you can watch it now on our [YouTube Channel](#). We hope you can join us in-person or virtually for the second part of the science of kindness series on Friday, April 11, 2025 when Dr. Jessica Andrews-Hanna from the Department of Psychology at The University of Arizona joins us to share her research on the neuroscience of compassion. See below for details.

We are looking forward to two events next month. We are partnering with Child and Family Resources and the Children's Advocacy Center of Southern Arizona to host a screening of the documentary Resilience. This free event,

scheduled during Child Abuse Prevention month, will bring together community members to learn about the science of resilience and how we can come together as a community to foster opportunities to thrive for children, youth and families experiencing adversity. See below for details. We will also hold our annual student poster showcase where we highlight undergraduate and graduate student research.

Finally, in honor of Women's History Month, I encourage you to read on to learn more about Frances McClelland. Her powerful legacy continues to inspire us to use the power of science to advocate to ensure that children, youth and families, especially those facing oppression and injustice, have the opportunity to reach their full potential.



## Celebrating the Legacy of Frances McClelland

Frances McClelland was born in Tucson in 1923 to Irish immigrant parents. Although she contracted polio at a young age and spent much of her life in a wheelchair, she did not let this hold her back. She graduated from the University of Arizona in 1944 with a degree in accounting, a rare accomplishment for a woman at the time. She went on to become the corporate treasurer at her family's business, Shamrock Dairy, sitting tall in her wheelchair in boardrooms full of men. She was extremely generous with her time, money, wisdom, and spirit. She held numerous leadership positions in the community and served on multiple boards. Before she died, she set-up the Emerald Foundation, which gave away millions of dollars across the state of Arizona, including the initial endowment for our research

institute. She was a committed advocate for providing opportunities for those who were marginalized, especially women, immigrant families, and individuals with disabilities. Her legacy as a community leader lives on.

[READ MORE](#)

## HDFS Updates



HDFS faculty and graduate students came together to host a warm and welcoming breakfast for prospective doctoral students visiting the University of Arizona campus. The gathering offered a relaxed and friendly environment where future scholars could connect with current students, meet faculty, and get a feel for the vibrant and collaborative culture of our program.

## SciKIND Updates







### **Bringing the Science of Kindness to Science City**

What an incredible weekend at Science City during the Tucson Festival of Books on March 15-16! The Science of Kindness VIP Research Team led our booth, engaging festival-goers in meaningful conversations and hands-on activities that highlighted the power of kindness in everyday life. From interactive demonstrations to thought-provoking discussions, our team loved connecting with the community and sharing how research can inspire positive change.

A huge thank you to everyone who stopped by to explore, engage, and celebrate the science of kindness with us! Special appreciation goes to our amazing Science of Kindness VIP Research Team students, whose enthusiasm and dedication made this event such a success. Your passion for research and community impact truly shines!

**SCIENCE OF KINDNESS**  
**COMMUNITY COLLECTIVE**

**Recording Available**



The Frances McClelland Institute for Children,  
Youth, & Families invites you to...

## TURBEVILLE SPEAKER SERIES SPRING 2025



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**Speaker:** Steve Rains, Professor of Communication at  
the University of Arizona

**Title:** *Social Support as Kindness: Properties of Helpful  
Emotional Support Messages*

**Time:** Friday, March 21st, 1:00PM - 2:15 PM

**Location:** McClelland Park | 650 N. Park Ave, Tucson, AZ 85719  
| Room 402 or Zoom



If you missed the presentation from this month titled *Social Support as Kindness: Properties of Helpful Emotional Support Messages*, presented by Dr. Steve Rains, you can now watch the recording on our YouTube channel!

[WATCH NOW](#)

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## TURBEVILLE SPEAKER SERIES SPRING 2025



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**Speaker:** Michelle Téllez, Associate Professor and Director  
of Graduate Studies in the Department of Mexican American Studies at the University of Arizona

**Title:** *Oral Histories and Digital Archives in the Borderlands*

**Time:** Friday, February 7th, 1:00 PM - 2:15 PM

**Location:** McClelland Park | 650 N. Park Ave, Tucson, AZ 85719  
| Room 402 or Zoom



If you missed the presentation from February titled *Oral Histories and Digital Archives in the Borderlands*, presented by Dr. Michelle Téllez, you can now watch the recording on our YouTube channel!

WATCH NOW

## Upcoming Events

The Frances McClelland Institute for Children,  
Youth, & Families invites you to...

### TURBEVILLE SPEAKER SERIES SPRING 2025

**Speaker:** Jessica Andrews-Hanna, Associate Professor in  
the Department of Psychology at the University of Arizona

**Title:** *The Neuroscience of Compassion:  
Cultivating Kindness for Others and Ourselves*

**Time:** Friday, April 11th, 2025 1:00 PM - 2:15 PM

**Location:** McClelland Park | 650 N. Park Ave, Tucson, AZ 85719  
| Room 402 or Zoom



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To read more about this presentation visit our [Turbeville Speaker page](#).

REGISTER HERE



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## SPRING 2025 STUDENT POSTER SHOWCASE



FRIDAY, APRIL 25, 2025

12:30 PM - 2:30PM

Forbes Building Lobby, 1140 E.  
South Campus Dr.



The Frances McClelland Institute would like to invite you to take part in the [Spring 2025 Student Poster Showcase](#) on Friday, April 25<sup>th</sup> from 12:30 PM-

2:30 PM at the Forbes Lobby/Courtyard. This in-person event provides an opportunity for Norton School undergraduate and graduate students, as well as students from other departments engaged in research with Norton faculty, to showcase their projects and explore other studies aimed at enhancing the lives of children, youth, and families.

**No registration needed—open to everyone, including those outside the University of Arizona!**

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Thank you for your support of the Institute. Stay in touch with us by following FMI on [Facebook](#), [Instagram](#), and [LinkedIn](#).

In Partnership,

**Melissa Barnet, Ph.D.**

Director, Frances McClelland Institute for Children, Youth, and Families

Norton Endowed Chair in Fathers, Parenting, and Families

Professor, Human Development and Family Science

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Please support our work by making an investment in the Frances McClelland Institute for Children, Youth, and Families.

MAKE A DIFFERENCE



You are receiving this email from the **University of Arizona's** mailing list.



### **Land Acknowledgment**

*We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the O'odham and the Yaqui. The university strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.*