



FMI NEWS



Greetings from the Frances McClelland Institute,

We were thrilled last week to host the annual Vision Awards ceremony. Always an inspirational event, this year's event was a true reminder of the special community we're a part of here in Southern Arizona. Please read below to learn more about this signature event.

Another highlight this month was in line with our goal to collaborate to share timely, impactful research to help build stronger communities that provide opportunities for children, youth and families to thrive. We co-hosted a successful film screening and discussion. See below for more information.

Looking ahead, we hope you can join us for the next installation in our Turbeville Speaker series on November 14th with Dr. Milla Titova from the University of Arizona Department of Psychology as she presents her research.

Please follow us on social media and visit our [website](#) to stay up-to-date on our events and to access the [resources](#) we share.

Co-Sponsored Events

Resilience Film Screening- 9/30

Thanks to our partners, the Children's Advocacy Center, BIO5 Institute, and the Health Humanities Hub, we hosted a successful screening of the documentary Resilience. A diverse crowd that included undergraduate students, school district personnel, public health professionals, foster parents and advocates gathered to learn about the science of trauma, hope and resilience. The engaging discussion that followed highlighted strategies to prevent adverse childhood experiences and trauma and to promote resilience and thriving in our own community.



What did you learn?

I was once again reminded of how easily implemented and successful preventative care is (compared to other health issues that are much harder to treat).

How cheap and easy preventive care for mental health can be.

Loved The Legend of Kendra! Love that it was brought to a child's understanding.

I learned how prevalent ACEs are in our community and how it doesn't just affect certain groups of people.

I learned that ACEs can have extreme health effects that hurt so many children and adults alike.

As number of ACEs increase risk for health issues increases in a step-like fashion. Exposure to early trauma changes the structure of the brain. Prevention is so important!

I'm glad medical professionals are recognizing this pervasive problem and spreading the word. It's great to see help given to young children and their parents. I hope this continues to improve. I'm going to concentrate on improving my own well-being.

I learned that most children experience childhood trauma. We reduce this we can try and better our selves by going to therapy.

One thing adults fail to do is recognize their children's stress.

ACEs affect our behavior, stress response, romantic relationships, parenting, and other aspects of life. We need to recognize them so we can get the proper resources.



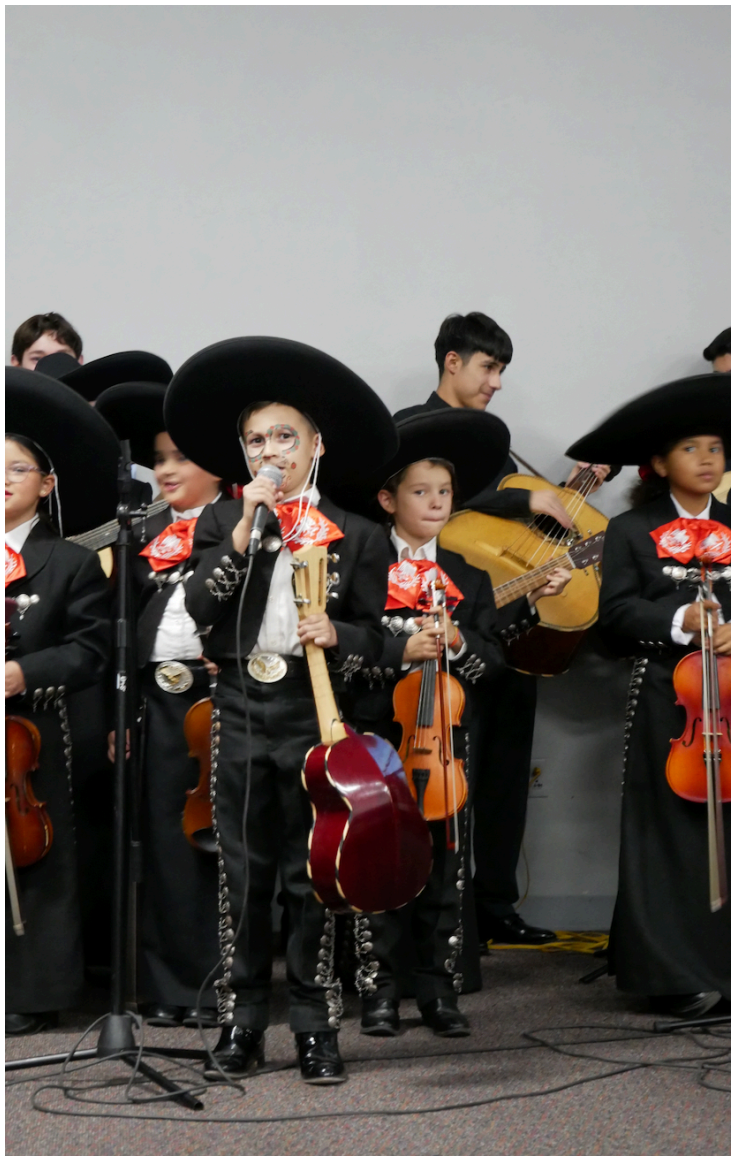
Vision Awards Recap

We were honored to recognize leaders who have collectively advanced health and wellbeing, supported organizations serving children and families, and taught, inspired and mentored youth musicians to celebrate their heritage, to persevere and to achieve excellence. In doing so, they enhanced our communities for everyone. We moved the event off-campus this year to the YWCA of Southern Arizona. It was especially fitting to partner with the YWCA for this occasion. FMI's connections to the YWCA are deep. The YWCA building is named the Frances McClelland Community Center to reflect Frances's philanthropy and leadership as Board Chair for the YWCA. There is a beautiful mural that greets visitors as they enter the building highlighting the work of a past Vision Award winner, Dr. Laura Reed Banks.

The evening started with a terrific performance by Mariachi Las Aguilas de Davis Romero. These young musicians were joined by the Youth Award winners, their teachers and mentors. This performance set the tone for a festive evening focused on youth and hope. The group was directed by Jaime Valenzuela, the son of Dr. Alfredo Valenzuela, the Richard Ellas Legacy Award winner.

Thank you to everyone who joined us and made the event possible, including the FMI Advisory Council, award selection committee, and award presenters. We are grateful for the event sponsors along with other donors, including Jim and Vicky Click and family. We owe a big thanks to Peggy and Bob Withers, who personally knew Frances McClelland and were so inspired by her commitment to celebrating the role of each of us in inspiring change that they committed to match each donation received up to \$5000.









Louise Thomas

Frances McClelland Vision Award



Alfredo Valenzuela

Richard Elías Legacy Award



Pueblo High School Student Instructors Summer Mariachi Program

Frances McClelland Youth Vision Award



Arizona Justice For Our Neighbors

Spirit Organizational Award

Turbeville Speaker Series

The Frances McClelland Institute
for Children, Youth, & Families
invites you to...



NORTON SCHOOL OF HUMAN ECOLOGY

Frances McClelland
Institute for Children,
Youth & Families

FALL 2025

TURBEVILLE SPEAKER SERIES

Speaker: Dr. Milla Titova,
Department of Psychology,
University of Arizona

Title: *The Psychology of Place
and Well-Being*

Time: Friday, November 14,
2025 from 1 PM - 2:15 PM

Location: McClelland Park Room
402 Or Zoom



REGISTER NOW

HDFS Updates

Come work with us!

The Community Research, Evaluation and Development (CRED) team of the Norton School of Human Ecology is seeking a highly skilled analyst to support multiple community-engaged projects focused on young children, families, and broader social programs. The CRED team (<https://norton.arizona.edu/cred>) conducts high-quality, culturally responsive, community-based research and evaluation that promotes the health and well-being of families and individuals throughout Arizona and the Southwest.

The successful candidate will work collaboratively with CRED team members and community partners across a portfolio of projects. Responsibilities include quantitative data analysis, creation of both interactive and static data visualizations, and assisting in the analytical synthesis of findings into text for public-facing reports. This position requires strong data management and analytical skills grounded in social science research and evaluation. Activities will include acquiring, managing, and analyzing small and large datasets; assisting in designing, executing, and interpreting statistical analyses; creating static and interactive data visualizations; drafting text summarizing and synthesizing key findings for lay audiences; and assisting in consulting on research and evaluation study designs with both CRED team members, college, division and community partners with a broad range of research experience. The successful candidate will bring excellent planning and communication skills, strong scientific writing experience, self-direction, and a commitment to community-oriented research.

This position supports a statewide project, with periodic overnight travel required across Arizona through June 2026.

[FULL POSTING HERE](#)

Research from the Institute

Dr. Melissa Curran and colleagues, including HDFS doctoral alum Xiaomin Li, published an article examining links among early life adversity, secure attachment and marital satisfaction using a longitudinal sample of married couples.

[READ MORE](#)



Dr. Nick Bishop, Associate Professor in Human Development & Family Science recently presented his research at the 9th annual meeting of the Mexican Health and Aging Study in Mexico City.

Stronger Together: Community News & Events

Community Connections

Whether you're hosting a workshop, highlighting a resource, or want to share a success story (no identifying info, please)—we'd love to help spread the word. If you have something to share, please email us at families@arizona.edu with:

- A short description of your event or opportunity
- Any relevant links or contact info
- Image or flyer (if applicable)

To be included in the following month's issue, please send your submission by the 15th of each month.

We're looking forward to uplifting the great work happening across our community!

CALLING YOTO ALUMNI!



If you were in YOTO any time from
1986 - 2020, we need feedback
about your YOTO experience!



Scan to fill out the survey & receive \$25!
Participate in the focus group & receive \$100!
(fill out the survey to sign up)



YOUTH ON THEIR OWN®

Know a YOTO grad?
Share this with them
or have them visit
yoto.org!

SURVERY LINK HERE

THE BIGGEST FOOD DRIVE OF THE YEAR AT ICS



October 1–31, 2025

WHAT TO DONATE

Holiday Items

- » Instant, canned, or fresh potatoes and yams
- » Cranberry sauce
- » Canned veggies, especially green beans and corn
- » Boxed and bagged stuffing mix
- » Boxed baking mixes (Bisquick, Jiffy)
- » Gravy mix or canned gravy
- » Canned pumpkin
- » Cream of mushroom soup

Pantry Staples

- » Peanut butter
- » Canned meat: tuna, chicken, Spam, etc.
- » Meals in pop-top cans: chili, ravioli, etc.
- » Canned pasta sauce (no glass, please)
- » Pasta
- » Canned fruit & veggies

HOW TO HELP

- » Organize a food drive with your business, community, or organization
- » Donate money or food

DONATE HERE!



BE A FALL FOOD DRIVE PARTNER

Contact
Ellie Killian
ekillian@icstucson.org

OR VISIT:
icstucson.org/fallfood



Interfaith Community Services Fall Food Drive (Oct 1–31, 2025)

Join ICS for its biggest food drive of the year and help stock local pantries for the holidays. You can organize a drive with your business or community group, or donate food or funds directly. Learn more or give: icstucson.org/fallfood.

Most-needed items

- Pantry staples: peanut butter; canned meat (tuna, chicken, Spam); pop-top meals (chili, ravioli); pasta; canned pasta sauce (no glass); canned fruits & vegetables
- Holiday items: potatoes/yams (instant, canned, or fresh); cranberry sauce; green beans & corn; stuffing mixes; baking mixes (Bisquick, Jiffy); gravy (mix or canned); canned pumpkin; cream of mushroom soup

Questions? Contact

- Ellie Killian, ICS Fall Food Drive
- Email: ekillian@icstucson.org



Thank you for your support of the Institute. Stay in touch with us by following FMI on [Facebook](#), [Instagram](#), and [LinkedIn](#).

In Partnership,

Melissa Barnett, Ph.D.

Director, Frances McClelland Institute for Children, Youth, and Families

Norton Endowed Chair in Fathers, Parenting, and Families

Professor, Human Development and Family Science

Please support our work by making an investment in the Frances McClelland Institute for Children, Youth, and Families.

GIVE NOW



You are receiving this email from the Frances McClelland Institute Newsletters mailing list.

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