



NORTON SCHOOL OF HUMAN ECOLOGY

Frances McClelland
Institute for Children,
Youth & Families



Greetings from the Frances McClelland Institute,

We are ready for the 2025-2026 school year! We're pleased to share updates from FMI, including recent accomplishments of our students and faculty, opportunities for students to engage in community-based applied learning, upcoming events from our community partners, and our plans for the fall semester. We have an exciting line-up for the Turbeville Speaker series with talks on topics ranging from adolescent romantic relationships, to financial literacy education to human-animal interactions. We are planning other events that will be co-sponsored with our community partners, including a screening of the film Resilience on campus. Please join us on October 23, 2025 for the annual Vision Awards Ceremony. We had several very impressive award nominations. Thanks to our volunteers who are now facing the challenge of selecting this year's award winners. We will announce the winners soon! This is always an inspirational event to honor the legacy of Frances McClelland. See below to register for the event and to learn about sponsorship opportunities.

We hope to see you in-person or virtually this Fall! Please follow us on social media and visit our [website](#) to stay up-to-date on our events and to access the [resources](#) we share.

Welcoming Our New Advisory Council Members

We're thrilled to welcome four community leaders to the Frances McClelland Institute Advisory Council. Their expertise across domestic abuse prevention, family services, student success, and community care will strengthen our mission to support children, youth, and families. Please join us in welcoming them!



Anna Harper

Chief Executive Officer

[**Emerge Center Against Domestic Abuse**](#)



Diane Fellows

President & Chief Executive Officer

[**Child & Family Resources**](#)



Maria Federico-Brummer



Tom McKinney

Director

Chief Executive Officer

Mexican American Student Services

Interfaith Community Services

Meet Our New Student Assistant



We are excited to introduce our new student assistant, Fernanda Torres (Fer), to the institute! Fernanda is an upcoming senior, double majoring in Human Development & Family Science and Psychology. Originally from Nogales, AZ, she has been living in Tucson since beginning her college journey. In the future, she plans to pursue a career in school psychology.

Outside of academics and work, Fernanda enjoys trying out new cooking recipes, keeping up with the fashion world, and binge-watching series. She is excited to be working at FMI and looks forward to connecting with staff and faculty.

HDFS Updates

Congratulations to **Dr. Kealie Walker**, 2024–2025 Osburn Dissertation Fellow, on successfully defending her dissertation on 8/11/25, "Stigma, Stress, and Developmental Assets in the Lives and Educational Experiences of Latinx Pregnant and Parenting Adolescents" reveals strengths that shape the educational trajectories of Latinx pregnant and parenting adolescents.





Congratulations to **Dr. Kayla Osman**, 2024–2025 Osburn Dissertation Fellow, on successfully defending her dissertation on 6/18/2025, "Shades of Identity: Examining the Interplays of Racism and Colorism on Ethnic-Racial Identity, Skin Tone Satisfaction, and Skin Tone Centrality among Latine Youth," offers critical insights into how youth navigate identity in the context of systemic bias.

HDFS graduate students **Grace Aroz-Moscoso** and **Mahek Shah** presented their research at the **International Association for Relationship Research (IARR) Annual Conference** in London, England this summer.

- **Grace Aroz-Moscoso:** *Exploring the Moderating Role of Interparental Conflict on Support and Affection and Coparenting Alliance in Couples During the Transition to Parenthood*
- **Mahek Shah:** *Examining the Link Between Depressive Symptoms, Finances, and Attachment Security in Newlywed Couples*



Osburn Summer Fellows

We awarded two fellowships to HDFS graduate students to lead first author manuscripts to be completed in summer 2025. These manuscripts will advance understanding of factors that contribute to the wellbeing of children, youth and families. We had a highly competitive pool of applicants. Congratulations to Alyssa and Victoria!

Alyssa Garcia's Manuscript title: *Validating the Conflict Resolution Style Inventory for Adolescent Parents.*

Victoria Cooper-Roundy's Manuscript title: *The Power of a Village: Examining How Family and Community Support and Experiences of Discrimination Shape Black Fathering Identity and Involvement.*



Be Part of It: RSVP & Sponsor Today



**Frances McClelland
2025 Vision Awards**

October 23, 2025
YWCA of
Southern Arizona

Celebrating youth
& community leaders

JOIN THE MOVEMENT
Your sponsorship supports
Access. Inspiration. Impact.
VIEW SPONSORSHIP OPPORTUNITIES

 **NORTON SCHOOL OF HUMAN ECOLOGY**
**Frances McClelland
Institute for Children,
Youth & Families**

SUPPORT THE VISION. FUEL POSITIVE CHANGE.

Join us in celebrating changemakers who are building a kinder, more equitable Southern Arizona for children, youth, and families.

The **2025 Frances McClelland Vision Awards** honors local leaders, youth advocates, and organizations making a lasting impact — and we need your support to make it happen.

Event Date: October 23, 2025

Location: YWCA of Southern Arizona, Tucson

Time: 5:00- 6:30 PM

MAKE YOUR TAX DEDUCTIBLE GIFT NOW

Become a Sponsor. Share the Opportunity.

Your support helps:

- Keep the Vision Awards **free and accessible** to the community
- **Recognize and uplift** youth and community changemakers

- Fund **year-round research, education, and outreach** that turns data into action

Sponsorship packages are available at various levels and include public recognition before, during, and after the event.

Learn more: [Sponsorship Opportunities](#)

Questions? Contact us at: families@arizona.edu

Please consider sponsoring — and help us spread the word. Together, we can fuel positive change.

Registration for ceremony is now LIVE!

RSVP

Research from the Institute

This month's selections highlight how families sustain connection and resilience through challenge— from the Great Recession to the COVID-19 pandemic— alongside a community-based effort that strengthens literacy and cultural identity with Apache children. Explore intergenerational bonds under economic strain, evidence that family cohesion buffered stress for Latinx families, and the impact of an Extension program rooted in culture and community.

[**Navigating Family Bonds in the Great Recession: Insights From Parents and Young Adults**](#)

[**The Family Stress Model in the Context of the COVID-19 Pandemic: Family Cohesion as a Source of Resilience Among Latinx Families**](#)

[**Extension Program Helps Apache Children Gain Reading Skills and Cultural Awareness**](#)

Institute Updates

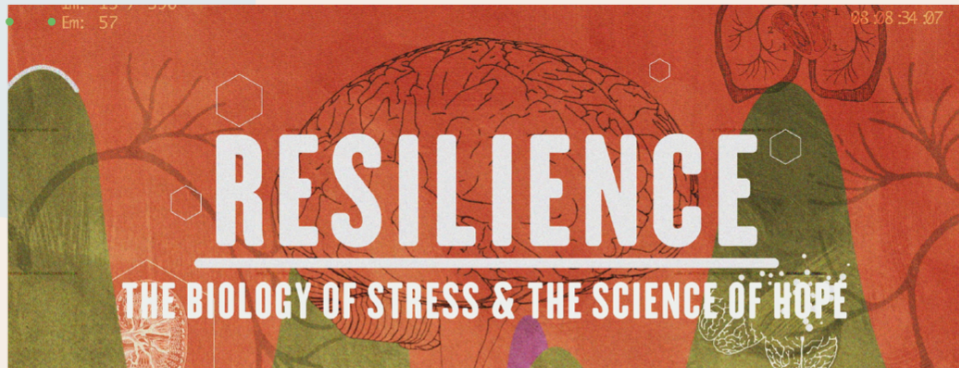


Impactful Student Experiential Learning

The Community Research, Evaluation and Development (CRED) team at the University of Arizona offers internships that introduce students to evaluation as a unique way to support communities. Working with partners across Arizona, interns gain hands-on experience in research, data analysis, and report development while receiving mentorship and tailored opportunities that align with their interests.

[LEARN MORE](#)

FRANCES MCCLELLAND INSTITUTE IN PARTNERSHIP
WITH THE CHILDREN'S ADVOCACY CENTER , BIO5
INSTITUTE AND HEALTH HUMANITIES HUB
PRESENTS:



Film Screening

RESILIENCE: THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE chronicles the birth of a new movement among pediatricians, therapists, educators and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease.



DATE

September 30, 2025



TIME

6:00-7:30 PM

Film Screening:

6:00-7:00 PM

Followed by: 30-minute
guided discussion



LOCATION

Keating Building Rm 103,
1657 E. Helen St., UA Campus



REGISTER
HERE!

Free to attend – Free parking
– Sun Link Whistle Stop in
front of the building



Frances McClelland
Institute for Children,
Youth & Families



BIO5
Institute



COLLEGE OF HUMANITIES
Health Humanities
Hub



CHILDREN'S
ADVOCACY
CENTER
OF SOUTHERN ARIZONA

Film Screening: **RESILIENCE—The Biology of Stress & the Science of Hope**

Join the Frances McClelland Institute with the Children's Advocacy Center, BIO5 Institute, and the Health Humanities Hub for a free screening of **RESILIENCE**, a documentary on how cutting-edge brain science is helping disrupt cycles of

violence, addiction, and disease. A **30-minute guided discussion** will follow the film.

Event details

- **Date:** September 30, 2025
- **Time:** 6:00–7:30 PM (film 6:00–7:00, discussion to follow)
- **Location:** Keating Building, **Room 103**, 1657 E. Helen St., UA Campus
- **Access:** Free to attend • Free parking • Sun Link Whistle Stop in front of the building

Register: Scan the QR code on the flyer or click below to RSVP.

RSVP

Stronger Together: Community News & Events

Community Connections

We're excited to officially launch a new section of our monthly newsletter dedicated to sharing community events, opportunities, and stories of resilience!

Whether you're hosting a workshop, highlighting a resource, or want to share a success story (no identifying info, please)—we'd love to help spread the word. If you have something to share, please email us at families@arizona.edu with:

- **A short description of your event or opportunity**
- **Any relevant links or contact info**
- **Image or flyer (if applicable)**

To be included in the following month's issue, please send your submission by the 15th of each month.

We're looking forward to uplifting the great work happening across our community!

YWCA Southern Arizona — Applications Open

YWCA Southern Arizona is accepting applications for its **YWORKS** and **Women's Community Network (WCN)** programs, offering supports that advance career growth, financial stability, and emotional well-being.

Programs:

- **2nd Generation S.T.R.I.V.E. (English & Spanish):** A 10-week, 20-session course designed to build confidence, boost earning potential, and interrupt cycles of generational poverty and stress.
- **Divorce Recovery:** An 8-week group providing a supportive space for women considering or experiencing divorce/separation.

Women's Wellness Support Group: A safe space to learn emotion regulation skills and strengthen personal and professional relationships.

Learn more & apply:

- [English STRIVE Cohort](#)
- [Spanish STRIVE Cohort](#)
- [Divorce Recovery](#)
- [Women's Wellness Support Group](#)

Questions? Contact

- **RaShaunda Ridle**, Program Manager
 - **Email:** rridle@ywcatuson.org
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THE BIGGEST FOOD DRIVE OF THE YEAR AT ICS



October 1–31, 2025

WHAT TO DONATE

Holiday Items

- » Instant, canned, or fresh potatoes and yams
- » Cranberry sauce
- » Canned veggies, especially green beans and corn
- » Boxed and bagged stuffing mix
- » Boxed baking mixes (Bisquick, Jiffy)
- » Gravy mix or canned gravy
- » Canned pumpkin
- » Cream of mushroom soup

Pantry Staples

- » Peanut butter
- » Canned meat: tuna, chicken, Spam, etc.
- » Meals in pop-top cans: chili, ravioli, etc.
- » Canned pasta sauce (no glass, please)
- » Pasta
- » Canned fruit & veggies

HOW TO HELP

- » Organize a food drive with your business, community, or organization
- » Donate money or food

DONATE HERE!



BE A FALL FOOD DRIVE PARTNER

Contact
Ellie Killian
ekillian@icstucson.org

OR VISIT:
icstucson.org/fallfood



Interfaith Community Services Fall Food Drive (Oct 1–31, 2025)

Join ICS for its biggest food drive of the year and help stock local pantries for the holidays. You can organize a drive with your business or community group, or donate food or funds directly. Learn more or give: icstucson.org/fallfood.

Most-needed items

- Pantry staples: peanut butter; canned meat (tuna, chicken, Spam); pop-top meals (chili, ravioli); pasta; canned pasta sauce (no glass); canned fruits & vegetables

- Holiday items: potatoes/yams (instant, canned, or fresh); cranberry sauce; green beans & corn; stuffing mixes; baking mixes (Bisquick, Jiffy); gravy (mix or canned); canned pumpkin; cream of mushroom soup

Questions? Contact

- **Ellie Killian**, ICS Fall Food Drive
 - Email: ekillian@icstucson.org
-

CCHHE Lunch & Learn — Save the Date & Share

Join **Community Conversations in Health Education (CCHHE) Lunch & Learn** on **Saturday, September 27, 2025, 12:00–2:00 PM** at the **Health Sciences Innovations Building**.

Please help spread the word—**invite 10 or more guests** from your networks. **To register, visit <https://register.uafoundation.org/cchhe-lunch-2025>.**

Questions? Call **520-544-4347** or **520-471-6534 (cell)**. We look forward to seeing you in September!



Thank you for your support of the Institute. Stay in touch with us by following FMI on [Facebook](#), [Instagram](#), and [LinkedIn](#).

In Partnership,

Melissa Barnett, Ph.D.

Director, Frances McClelland Institute for Children, Youth, and Families

Norton Endowed Chair in Fathers, Parenting, and Families

Professor, Human Development and Family Science

Please support our work by making an investment in the Frances McClelland Institute for Children, Youth, and Families.

[GIVE NOW](#)



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Land Acknowledgment

We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the O'odham and the Yaqui. The university strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.